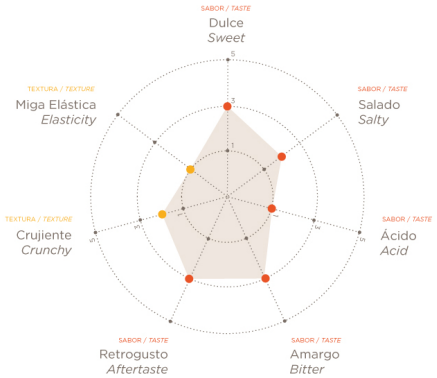
REF: P460A
EAN-13: 8436017118100 | EAN-14: 18436017118107

MULTIGRAIN BREAD

345GR
PRE-COOKED WEIGHT

Bread with double fermentation, rustic appearance, crispy crust, pointed finish and a generous topping of flax seeds, sesame and poppy. A bread of exceptional taste, aromatic and nutritious. High in fibre, source of protein and reduced in sugars. Its crumb, where other seeds such as sunflower seeds and oat flakes are found, has a golden tone and all the flavour of the mixture of wheat flour and toasted malt. A bread, which is certainly made for lovers of cereals. In addition, sesame seeds are rich in polyunsaturated fatty acids (fats good for the body, including Omega 3 and Omega 6), which help lower cholesterol and thus prevent cardiovascular disease. It is also an excellent source of Vitamin B1. Linseed also has nutritional properties that make it stand out from other foods. They are considered one of the most powerful plant-based foods on the planet. They are rich in micronutrients, fiber, manganese, Vitamin B1 and Omega 3.

- **SOURDOUGH**
- **TWO STAGE FERMENTATION PROCESS**
- **CLEAN LABEL**

PRE-COOKED WEIGHT	345 g
LENGTH(CM)	37.5 cm
WIDTH(CM)	8 cm
DEFROSTING	20 min
COOKING	18 min |180 °C
BOX DIMENSION	600x398x263
UNITS PER BOX	28 Units/Box | 28 Boxes/Pallet